

CLEANING YOUR EQUIPMENT...

It is important to clean your equipment regularly to ensure proper functioning and longer use.

Do NOT use alcohol, abrasives, bleach or antibacterial, glycerin or moisturizing soaps to clean your equipment.

EQUIPMENT

INSTRUCTIONS

FREQUENCY

MASK



- Wipe using CPAP wipes or wash in warm, soapy water.
- Rinse well and lay out to air dry.

***For FOAM masks use CPAP wipes only**

Daily is ideal.

HEADGEAR



- Wash with warm, soapy water.
- Rinse well and lay out to air dry.

Weekly is ideal.

TUBING



- Swish warm, soapy water through tubing.
- Rinse well and hang above shower to air dry.

***Do NOT place in direct sunlight**

Weekly.

Ideally, each morning disconnect hose and dangle on bed post or chair for open air.

HUMIDIFIER WATER TUB



- Remove from CPAP/BiPAP machine and wash with warm, soapy water.
- If there are removable parts or seal on lid, remove and wash these too.
- Rinse well and set out to air dry.

***Do NOT add scented drops**

Daily is ideal.

Weekly is ideal for water tub parts.

LIGHT BLUE FILTER



Do NOT wash this. This must be replaced when grey.

Monthly. Replace when grey.

DARK BLUE FILTER



- Slide filter out of side inlet and turn upside down.
- Run tepid faucet water through it.
- Shake it off over sink and set out to air dry.
- Re-insert when completely dry.

Monthly.

***If windows are open or dust, smoke or pets are in home then every 2 weeks.**

RESMED RECTANGULAR FILTER



Do NOT wash this. This must be replaced when grey.

Monthly. Replace when grey.

CPAP & BiPAP MACHINES



- Unplug cord at outlet and at back of machine.
- Remove humidifier water tub.
- Wipe down top, sides and inside using a warm, damp cloth.
- Wipe with soft, dry cloth.

Monthly.

*Dust and vacuum sleeping areas regularly.

*Keep air inlets clear of drapery and bedding.

FILTER TYPES

Please call or text Tracey Heyworth RRT at (250) 306-6759 if you have any questions or for equipment replacement.

Thank you